

Treatments at Waveney Valley Barn - with Amy

**EACH SESSION IS TAILORED TO THE
INDIVIDUAL, BELOW IS A GUIDE FOR
TREATMENT OPTIONS.**

FULL BODY HOLISTIC MASSAGE-£60

Relax and unwind with a Full Body Holistic Massage. Calming strokes and gentle tension release techniques to leave you feeling rested and restored.

- 60 minutes

HOLISTIC COMBINATION - £60

Holistic Massage of the back, neck, shoulders and scalp, finished with Reiki Crystal Healing.

- 60 minutes

MERAKI SIGNATURE MASSAGE - £75

Ultimate session to melt away tension, stress or anxiety with this wonderful Full Body Holistic Massage and Reiki Crystal healing.

- 90 minutes

